

# Nottingham **SYCAMORE** Table Tennis Academy

## **Return to Play at CLW September 2020**

This guide explains the protective measures for our settings during the coronavirus (COVID-19) outbreak and how we are keeping everybody safe in line with the Government guidance.

Black Writing – Government guidance

Red Writing – our plan to adhere to this

### **Who can attend?**

Providers are encouraged to consider measures they can put in place to reduce the extent to which children are mixing with others, by ensuring that children who attend your setting are assigned to a particular class or group when they return and stay in those consistent groups for future sessions.

**Ping Pass sessions:** these are extra-curricular sessions, so we are able to keep year group bubbles together in a hall. We will be having staggered arrival and departure times for all year group bubbles (Year 8 2:50-3:50pm, Year 9 2:40-3:40pm, Year 10 3-4pm) and will only be allowing 2 year groups to attend each day, of which 1 year group using each hall, with no cross over.

**Rest of program:** these are club sessions and advice from Table Tennis England is that we are only currently only allowed a maximum of 4 tables in each hall and a maximum of 8 players in each session. We will be asking you to confirm which session your children will be attending, to enable us to ensure we do not over-subscribe any sessions.

### **Communicating with Parents**

We have been advised to communicate plans for our provision to parents, including new safety measures that we have put in place to reduce the risk of infection and transmission of the virus. These measures include reducing contact between parents and carers when dropping off and picking up children.

Each session will be given a drop off and pick up time and a coach will meet the players at the gates near the centre entrance and the players will leave via the designated exit, to

either meet parents in the car park or walk home, this will limit the number of people gathering at the entrance. We are fortunate that we have a large car park available and we encourage parents to park away from other cars.

### **Promoting Good Hygiene**

Hand sanitiser will be available on arrival at the facility as well as after use of the toilet. We also recommend your child having a pocket sized hand sanitiser with them.

We aim to minimise contact and mixing as much as possible. The environment layout has been altered (max 4 tables per hall) and timetables (to allow parents to meet their children at the end of sessions).

Parents will not be allowed to stay in the building due to the number of players in the hall, but are welcome to stay in the car park, and use the toilet if they require it.

Players also need to bring their own rackets as we are not able to loan any. We have a range of very reasonably priced rackets should you wish to buy one.

### **Indoor Provision**

As the risk of transmission is considerably lower outdoors, providers who normally run sessions indoors should consider whether they are able to do so safely.

We will have four tables in each hall separated by barriers in line with Table Tennis England guidelines. We will also, where possible open fire doors to ensure ventilation.

### **Toilet Usage**

It is not necessary for each class or group to use a separate toilet. However, you should consider how you can limit the number of children using the toilet at any one time and, where possible, you should avoid different groups using the same facilities at the same time. Importantly, you should promote good hand hygiene and encourage all children to wash their hands thoroughly, with soap and running water for 20 seconds, after using toilet facilities.

One toilet has been allocated as a toilet, and the 2<sup>nd</sup> toilet will be a washing hands zone only.

As with all frequently used surfaces, toilets should be cleaned thoroughly using standard products such as detergent and bleach. The frequency of cleaning required will depend on usage but is advised to be more frequently than might have been previously considered appropriate. In most cases we expect cleaning of toilet facilities to take place at least twice a day, and in particular between use by different classes and groups.

Facilities including the toilets will be cleaned before and after each session.

## **Government Guidance – Reviewing staff availability**

As part of your risk assessment, you should consider appropriate staff:child ratios for your setting. You should have no more than 15 per small consistent group and should have at least one staff member per group, though depending on the circumstances of your provision you may need to have groups of less than 15 children.

Our group sizes for the after school activity (Ping Pass) will be in year group bubbles. The rest of the programme will have group sizes in line with guidance provided by Table Tennis England, up to a maximum of 8 participants.

## **Government Guidance – What happens if there is a confirmed case of coronavirus (COVID-19) in a setting?**

If and when a child, young person or staff member develops symptoms compatible with coronavirus (COVID-19), they should be sent home and advised to self-isolate for 7 days and arrange to have a test to see if they have COVID-19. Their fellow household members should self-isolate for 14 days.

We will have your details registered on our system (returning customers will need to ensure they are updated if anything has changed). This is vital as we will call the parent / guardian of the young person for immediate pick up.

Where the child, young person or staff member tests negative, they can return to the setting and the fellow household members can end their self-isolation,

Where the child, young person or staff member tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice. This advice may be that the rest of their bubble within the setting be advised to self-isolate for 14 days.

We will keep a record of which children are in each bubble as well as attendance register.

## **Timetable for Program**

The timings for these sessions do look odd and not normally what you would expect, but we have to leave 5-10min break inbetween each session to clean down tables and touchpoints, and we hope this will be short term but will be governed by the guidance we receive from Table Tennis England.

### **Ping Pass**

Year 8 Monday 250-350pm, Thursday 250-350pm, Friday 250-350pm

Year 9 Monday 240-340pm, Tuesday 240-340pm, Friday 240-340pm

Year 10 Tuesday 3-4pm, Thursday 3-4pm

### **Primary and TT Kidz**

Monday 505-555pm and 605-655pm

**Hopes Squads**

Tuesday 515-645pm, Wednesday 5-630pm, Friday 515-645pm

**Discovery**

Year 8 Monday 4-455pm, Tuesday 4-5pm, Thursday 4-455pm, Friday 4-455pm

Year 9+ Monday 350-450pm, Tuesday 410-510pm, Thursday 405-5pm, Friday 4-455pm

**Aspire B**

Wednesday 5-645pm, Thursday 505-630pm, Friday 7-9pm

**Aspire A**

Monday 505-655pm, Thursday 505-645pm, Friday 5-645pm