



# CARLTON LE WILLOWS TABLE TENNIS ACADEMY



## *Allowing for Sporting and Academic Excellence*

### The Centre—Overview

Carlton le Willows Academy, in Nottingham has linked with Table Tennis England to provide the perfect platform for students to develop their table tennis skills from beginner to elite performance.

The school has a vibrant sporting tradition and is well known for its broad extra-curricular offer and outstanding sports facilities. The Centre is geared up to provide the most professional and advanced school table tennis programme available.

The purpose built Table Tennis centre has up to 16 tables, a viewing area and small café.

Players can train every day in an excellent facility while learning from a highly professional coaching team with international experience.

The aim of the programme is to develop players that can compete on a local, National and International level, whilst working towards personal growth and academic excellence.

### What can you expect as an academy player?

- ◆ Daily table tennis training
- ◆ Guest coaches and professional player visits
- ◆ Competitive fixtures against other schools, clubs and players.
- ◆ Discount on equipment
- ◆ Trips in the UK and abroad – so far students have visited Sweden and China
- ◆ Work towards coaching and officiating qualifications (age dependent)



## **PING PASS**

**(£12.50 per month\*)**

- Access to four hours table time each week for players of all ages and abilities who enjoy playing table tennis and wish to learn more about the sport. (Wednesday session is free to all students)

## **Discovery Squad**

**(£27.50pm or £32.50pm with Ping Pass)**

- Access to two structured coaching sessions per week for players who wish improve their skills and develop their experience of match play.

## **Aspire Squad**

**(£42.50pm or £45 with Ping Pass)**

- Access to all Aspire coaching sessions per week for players wishing to take their game to a National or possibly International level.

Whatever pathway you decide to follow, the coaching team are there to help, support and guide you to the next step in your table tennis career. You can APPLY NOW to be a part of one of the UK's best Table Tennis Academies. For more information, contact:

**Chris Turner, Head Coach**

**M: 07843 280434**

**E: [cbris.turner@tabletennisengland.co.uk](mailto:cbris.turner@tabletennisengland.co.uk)**

*\*Exclusive to Carlton le Willows Students*

|  |  |                    |
|--|--|--------------------|
| Monday   | Ping Pass 3-4pm  |                    |
|  | Discovery Squad 4-5pm  | Aspire Squad 4-7pm |
|  | Primary School Coaching 5-6pm  |                    |
|  | Primary School Coaching 6-7pm  |                    |
| Nottingham Sycamore Table Tennis Club 7pm - 9:30pm |  |                    |
| Tuesday  | Ping Pass 3-4pm  |                    |
|  | Discovery Squad 4-5pm  |                    |
|  | Aspire Squad 6pm - 9pm   |                    |
| Wednesday  | Carlton le Willows After School Club 3pm - 4:30pm                              |                    |
|  | Aspire 5 - 6:30pm  |                    |
|  | Nottingham League Matches  |                    |
| Thursday   | Ping Pass 3-4pm  |                    |
|  | Discovery Squad 4-5pm  |                    |
|  | Aspire 5- 6:30pm   |                    |
|  | League Matches 7pm - 9pm   |                    |
| Friday   | Ping Pass 3-4pm  |                    |
|  | Discovery Squad 4-5pm  | U3A Group 4-5pm    |
|  | Aspire 5- 7:30pm   |                    |
|  | Open Play 7:30pm - 9pm   |                    |
| Saturday   | Nottingham Sycamore Table Tennis Club 10am - 12pm + regular youth competitions |                    |
| Sunday   | Nottingham Sycamore Table Tennis Club 6 - 8pm + regular youth competitions     |                    |